

AUTHORISED TEXT

ULTIMATE FIBRE STRAWBERRY



A food containing a powerful combination of premium herbs rich in fibre.

- Excellent Organic Source of Dietary Fibre
- Dietary Fibre Assists Regular Bowel Movements*
- One Serve Provides 40% of the Recommended Daily Intake For Dietary Fibre
- 100% Certified Organic and Wildcrafted Ingredients
- Contains premium adaptogenic herbs
- NON-GMO Ingredients
- VEGAN
- Gluten Free

Ultimate Fibre is good source of iron. One Serve Exceeds 50% of the Recommended Daily Intake For Dietary Iron. Iron is:

- Necessary for normal immune system function*
- Necessary for normal cell division*
- Necessary for normal blood formation*
- Necessary for normal energy production*
- Contributes to normal cognitive function*
- Contributes to the reduction of tiredness and fatigue*
- Necessary for normal oxygen transport*

*When made up as directed and in the context of a healthy diet involving the consumption of a variety of foods.

Certified Organic & Wildcrafted Ingredients

Qenda Ultimate Fibre contains the following certified organic and wildcrafted ingredients from nature: Psyllium Husk, Black Walnut Hulls, Hibiscus Sabdariffa, Liquorice Root, Horsetail, Rosehip, Oat Straw, Slippery Elm Bark, Cascara Bark, Marshmallow Root, Cinnamon Verum Bark, Irish Moss, Yucca Root, Turkish Rhubarb (Rheum Palmatum), Chlorella Vulgaris, Turmeric, Bladderwrack, Astragalus Membranaceus Root, Ashwagandha Root, Meadowsweet, Barberry Bark, Dandelion Root, Aloe Ferox, Wormwood, Skullcap (Scutellaria Lateriflora), Fennel Seed, Passionflower (Passiflora Incarnata), Mullein Leaf, Violet Leaf, Paw Paw Leaf, Witchhazel#, Clove Bud, Organic Strawberry Flavour and Sweetener (Thaumatococcus).

Colour, texture and appearance of product may change due to seasonal variations.

Wildcrafted when Certified Organic not available.

Serving Suggestion

Serving scoop included in pack (10g - one level tablespoon).

Mix two level scoops of Qenda Ultimate Fibre (or one level scoop for children under 12 years) in 350-400ml of water in a shaker bottle once or twice daily.

Secure lid and shake vigorously for 10 seconds.

Drink immediately. If left for a short period after shaking product will thicken.

Best taken 10-30 minutes prior to meals.

Close lid tightly after opening and store in a cool, dry place. Do not refrigerate.

Qenda's Core Principles

Qenda never uses any artificial flavours, colours, sweeteners or preservatives in their powdered products.

Qenda's ingredients are always organic, vegan, non-gmo and gluten free.

Qenda batch tests its ingredients and products for safety and to ensure purity from herbicides, pesticides, fungicides and heavy metals. All Qenda products are also free from pathogenic moulds, yeasts, fungi and unwanted bacteria. All Qenda products are manufactured in a clean, chemical free, HACCP certified facility to the highest quality and standards.

Warning

Not recommended for pregnant women.